



# THE RAMBLER

*Strong in the heart and Smart in the head*

Principal: **Dennis Mitchell**  
Assistant Principal: **Mark Rogerson**

Thursday 30 January 2020  
Volume 271 Issue #1

**RESPECT PRIDE SAFETY**

## **RANFURLLY 'SMART START' 2020 HOUSE ACTIVITIES DAY**

**When: Friday 31st January**

**Time: 9.30am - 11.00am**

**Tomorrow**

Students are encouraged to wear their House colours, suitable footwear and bring a water bottle.

As the day will be a "Hot Day Timetable" all House activities will be inside.

Parents, Friends and Carers are welcome to come along for a morning of fun and games.

**COWRA-LIBRARY**

**DAIRTNUNK-5/6 BUILDING**

**KULNINE-GYM**

**YERRE YERRE-WALTON WING**

**'It's Not OK To Be Away' and 'It's Great If You're Not Late'**

# PRINCIPAL'S THOUGHTS

The start of a new school year brings with it the hope of a great year for all – one filled with enjoyment, achievement and satisfaction. We can assure you that our staff are excited at the prospect of another wonderful year at Ranfurly for all. We are thrilled to report that our first day with the children back ran very smoothly yesterday. We enjoy holidays as much as anyone, and in saying that, returning to work at the beginning of the school year is always made so much easier by seeing the enthusiasm in the happy, smiling faces of the children. Their excitement is truly inspiring. We are very confident that 2020 will be another great year at our school.

It gives us great pleasure to welcome all our students and their families for 2020. We would like to extend a special welcome to the new families that have joined us at Ranfurly Primary School this year and, of course, the new preps, who started today. We know that they will value their time here at our great school.

We are very pleased to welcome new teachers in Kasey Humphrey, Shené Stephens and Vincent Rodi. We also welcome Leah Black as an Integration Aide. We are also very fortunate to have working on Mondays and Tuesdays each week for at least the next six months here at Ranfurly the following La Trobe University teachers: Millicent Gibson & Abbey Carpenter

It was incredible news that Bob Walton was amongst the list of names for honours awards on Australia Day. Bob was awarded the Medal of the Order of Australia (OAM) for his contribution and service to education and the community. Bob set up and was the first Principal of Ranfurly Primary School. Bob continues to be part of Ranfurly every year by visiting our school regularly and talking about many topics but mostly about the history of Ranfurly Primary and/or Mildura and district. We are certainly very proud of Bob and his well-deserved OAM Medal. Congratulations & well done Bob!

Many staff members spent a great deal of time at school over the holidays preparing classrooms, and meeting in their teams so everything was in place ready for the children on the first day. Thank you to our hardworking staff!

Please remember our Breakfast Club is there for all students and that any students at school before 8:00am will be asked to go to the Walton wing. This helps us supervise our students in the morning as well as provide something yum to eat for them.

Please remember our school motto of RESPECT PRIDE SAFETY and use it to guide how we act at all times.

Thank you for a wonderful start to the school year and we look forward to working with you towards a successful 2020.

*Dennis & Mark*

## PARENTS' CLUB

First meeting of the year will be Monday 10th February 9.15am after morning assembly in 'The Hub' (5/6 Building).

We welcome new families! Parents' Club is a wonderful way to meet other Ranfurly families and to be an active part of the school community.

Any enquiries can be directed to Front Office or Ph Wendy Affleck on 0417 827 588.

## School Crossings

Our School Crossings allow children and parents to cross the road safely. Students and parents are asked to use, and set a good example by using the school crossings at all times when coming to and from school.



**'It's Not OK To Be Away' and 'It's Great If You're Not Late'**



### **RANFURLY LAKERS SPORTING TEAMS NEW LOOK FOR 2020**

Our Sporting Teams at Ranfurly this year will be sporting a new look. We have purchased new 'Multi-Purpose Kits' that will ensure that our Soccer, Hockey, Tennis, Volleyball, Softball, Mini Olympics Athletics and Cross Country teams will look a treat at all of our Interschool Sport competitions. Each kit includes a t-shirt, shorts and socks that portray a smart and classy look for our students.

We also have three Netball teams participating in after school competitions at Mansell Reserve and they will look amazing in our new netball body suits.

We are always looking for parent helpers to assist with our Interschool Sport, so if you have any expertise in a particular sport or can help out with timing, scoring, umpiring or even washing of uniforms, please see Miss Shore or Mr Cardew.

### **LIBRARY NEWS:**

Welcome back to the Library for 2020; I hope everyone had a great holiday!

Borrowing has commenced already and it's great to see the students excited about their reading.

Please note students must have a Library bag and should keep their books in the bag at home when not reading them. This helps to protect the books from damage. Library bags can be purchased for just \$2.00 or good quality shopping bags can be used. (If anyone would like to sew some bags, your help would be appreciated!).

There are still many books overdue from last year; please make an effort to have these returned as soon as possible. Reminders will be sent out first, then accounts will be sent out in the coming weeks for all non-returned books.

Happy reading !

Bookclub catalogues come out twice per term (except during 2<sup>nd</sup> term when we have one Bookclub and then our annual Book Fair). Once catalogues are issued, you have a week to get your orders in. The closing date will be published in the newsletter and on Facebook. The school receives bonus points on all sales which means we receive free books for our Library. Orders can be sent to me in the Library with a cash payment, or you may pay with your card at the office. The best way to order is via LOOP - Scholastic's online ordering system. Details are in the catalogues.

Issue 1 is out with today's newsletter. **Orders will close on Friday, 7<sup>th</sup> February.**



**Ranfurly Primary School**  
**Like us on Facebook**

**'It's Not OK To Be Away' and 'It's Great If You're Not Late'**



# RANFURLY PRIMARY SCHOOL

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[www.ranfurlyps.vic.edu.au](http://www.ranfurlyps.vic.edu.au)



## SCHOOL UPDATES

### JANUARY 2020

|         |                                 |
|---------|---------------------------------|
| Thur 30 | Preps Commence First Day School |
|---------|---------------------------------|

## SCHOOL COMMUNITY NEWS



### Red Cliffs Lawn Tennis Club

#### 2020 Annual Junior Tennis Tournament

Singles – Saturday 8<sup>th</sup> February

Doubles – Sunday 9<sup>th</sup> February

\$10 per entry per player

9am start each day

Entries or Enquiries to:

Tena Williams on

Ph: 0437 809206 or

Email – [tenajoy@bigpond.com](mailto:tenajoy@bigpond.com)

### PREPS - NO SCHOOL ON WEDNESDAYS IN FEBRUARY

Prep students will not be required at school on Wednesdays for the first four weeks to allow them to settle into school.

## MEDICATIONS

If your child has medications (including asthma puffers) please ensure you leave them at the office with instructions to administer.

## CANTEEN ROSTER

|            |                   |
|------------|-------------------|
| Fri 31 Jan | <i>Donna Holt</i> |
|------------|-------------------|

## CANTEEN NEWS

The Canteen is open and ready for business! The new price list has gone home this week, if you missed out please contact the office or the Canteen for a copy. Looking forward to doing lots of 'yummy lunches for all.

If you would like to volunteer for the Canteen that would be fantastic! We need one person each Friday from 8.30am till 10am. Please call into the Canteen with your details.

Broad brimmed Hats with school logo - \$10.00

Available from Front Office



**'It's Not OK To Be Away' and 'It's Great If You're Not Late'**

# Novel coronavirus (2019-nCoV)

## Factsheet for school students and children

### Last updated 29 January 2020

An outbreak of novel coronavirus (2019-nCoV) was detected in Wuhan, China in late December 2019. Cases have been reported predominantly in the city of Wuhan, in the Hubei province of China, as well as some other Chinese cities and countries, including two confirmed cases in Victoria, Australia.

### What is this virus?

Coronaviruses can make humans and animals sick. Some coronaviruses can cause illness similar to the common cold and others can cause more serious diseases, including Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS).

The virus seen in Hubei Province, China is called 'novel' because it is new. It has not been detected before this outbreak. Most people infected live in, or travelled to, Hubei Province, China. There have been cases of 2019-nCoV reported in other Chinese provinces and other countries. It is likely that the virus originally came from an animal, and there is now evidence that it can spread from person-to-person.

### What are the symptoms?

Symptoms can include fever, cough, sore throat, or shortness of breath. Symptoms can take up to 14 days to develop.

### What if my child is well, and returning to school after being in Hubei province, China or other countries with cases in the last 14 days?

**All students and staff members who have travelled to Hubei Province, China, are advised to stay at home and avoid public settings, including attendance at schools and early learning centres, until 14 days after last being in Hubei province, China.**

Children and staff who are well and have travelled to other provinces in China, or any other areas where there have been reported cases, are NOT recommended to be excluded from schools and child care services unless the following applies:

- The person is a confirmed case of novel coronavirus
- The person is a close contact with a confirmed case of novel coronavirus in the past 14 days

### What if my child feels sick now or within 14 days of being in Hubei Province, China or another part of China?

- If your child has a cough, sore throat or shortness of breath, they must be excluded from school and be reviewed by a doctor.
- Seek medical attention but first place a mask on the student if you have one and call the doctor or hospital before you attend. Tell them your child has been in Hubei province, China, or the location of travel within China.
- When you get to the hospital or doctor's clinic, tell them where your child has travelled in China and whether this included Hubei Province. Ensure a mask is placed on your child before or as soon as you arrive at the medical facility.

If your child has severe symptoms, such as shortness of breath:

- Call 000 and request an ambulance, and
- Inform the paramedics where your child has been in China.

## How can I help prevent the spread of 2019-nCoV?

Practising good hand and sneeze/cough hygiene is the best defence. The most important actions are:

- Wash your hands often with soap and water
- Cough and sneeze into your elbow

## Where can I get more information?

For Victorian updates to the current incident, go to: <https://www.dhhs.vic.gov.au/novelcoronavirus>

For national updates: <https://www.health.gov.au/news/latest-information-about-novel-coronavirus>

For international updates: <https://www.who.int/emergencies/novel-coronavirus>

WHO resources <https://www.who.int/health-topics/coronavirus>

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# Tuning in to Kids

## Emotionally Intelligent Parenting

A six-session parenting program for parents of children

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

*Tuning in to Kids* shows you how to help your child develop *emotional intelligence*.

Children with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health concerns

**Where:** Ranfurlly Primary School

**When:** Commencing Monday 17  
February 2020, 5.30-7.30pm

**Contact:** Mrs Byrnes 50 22 1299



## ***TUNING IN TO KIDS™*: PARENTING PROGRAM**

Dear Parent/Guardian,

You are invited to take part in a free program that aims to help you and your child manage the many emotional challenges of this stage of life. *Tuning in to Kids™* is a six-week parenting program run one evening a week for two hours. The program will teach you how to manage your own and your child's emotions in ways that help you to remain close and keep communicating. By learning these skills, you are less likely to have as much conflict within your family and your child is more likely to talk to you about the challenging issues they face. These are factors that have been found to reduce the risk of mental health problems.

### **What is Emotional intelligence?**

The program is based on the concept of Emotional Intelligence. Emotional Intelligence (EQ) is about using your emotions to guide you through the world. It is about being able to use your own knowledge of emotions to make decisions, to calm yourself down, to manage anger and conflict, to help you in your relationships with people, to know what is happening in social situations, and to assist you in many aspects of life where you or another person are involved.

### **Why is Emotional Intelligence important?**

Research has shown that children with greater emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health concerns
- have more stable and satisfying relationships as adults

When parents focus on helping their child learn about emotions, the young person is more likely to have higher emotional intelligence. In this parenting program we will teach parents what to do to help these skills develop, and in doing so we expect children to manage childhood better.

### **Would you like to find out more?**

If you are interested in participating in this parenting program, please register your interest with Mrs Byrnes by Monday 10 February 2020. The groups will begin in the fourth week of Term 1 (Monday 17 February) and run for six two-hour sessions one night a week from 5.30-7.30pm at Ranfurly.

If you have any questions, please feel free to contact Mrs Byrnes.

Regards,

Erin Byrnes

Community Project Officer